

MHT 101: Fundamentals of Mental Health Technician

This course provides basic theory, laboratory, and clinical experiences for the development of skills required in the provision of entry-level patient care to individuals receiving care in mental health agencies, hospitals, skilled nursing facilities, or other healthcare facilities. The role of the mental health technician as a member of the healthcare team is integrated into preparation for both the seventy-five (75) hour Omnibus Budget Reconciliation Act (OBRA) requirements for Certified Nursing Assistant and for the Patient Care Technician credentials. Introduced in this course are concepts of therapeutic communication, patient observation, safety, mobility/body mechanics, personal and restorative care, and infection control, as well as associated psychomotor skills. Additional procedural skills for the patient care technician credential eligibility, such as venipuncture, capillary puncture, ECG performance, sterile technique, and performance of critical health measurements are also covered. Upon completion of this course, the student should demonstrate satisfactory performance on written examinations and clinical skills.

Credits: 6

Lab Hours: 3

Lecture Hours: 4

Clinical Hours: 3