

## NUR 108: Psychosocial Nursing

This course is designed to provide an overview of psychosocial adaptation and coping concepts used when caring for clients with acute and chronic alterations in mental health in a variety of settings. Topics include therapeutic communication skills, normal and abnormal behaviors, treatment modalities, and developmental needs. Upon completion of this course, students will demonstrate the ability to assist clients in maintaining psychosocial integrity through the use of the nursing process.

*Credits:* 3

*Lab Hours:* 0

*Lecture Hours:* 2

*Clinical Hours:* 3

*Prerequisites:* NUR 105 and 106, ENG 101, and BIO 202