

# Mental Health Technician (MHT)

The Mental Health Technician short certificate program trains students in the basic concepts of entry-level care for patients and/or clients being provided mental/behavioral health care by mental health agencies, hospitals, skilled nursing facilities, or other healthcare facilities.

Students completing all courses in this curriculum will be awarded a program short certificate and will be eligible to apply for certification as a Mental Health Technician. Students completing MHT 101, Fundamentals of Mental Health Technician, will be eligible to apply for certification as a Certified Nursing Assistant and/or a Certified Patient Care Technician. Admission is conditional and depends on the student's ability to perform the essential functions identified for this program, meet background check requirements of clinical facilities, and maintain a negative substance use screen.

In order to enroll in MHT courses, a status of unconditional admission to the College is required, as is a 2.0 cumulative GPA for students with previous college credit. To progress through and complete the program, a minimum grade of "C" in all MHT curriculum courses is required.

Contractual agreements between the College and clinical agencies may impose additional requirements on students enrolled in health programs. These requirements include, but are not limited to, the areas of attire, confidentiality, criminal background check, liability insurance, and substance abuse screening. Health insurance coverage is strongly recommended as the expense for treatment of injury suffered during training is the responsibility of the student. Any student denied clinical privileges or having clinical privileges revoked by a healthcare facility due to positive background findings or clinical misconduct is not eligible for program admission or readmission.

**Program:** [Mental Health Technician](#)

**Type:** Short Certificate

## Area IV: History, Social and Behavioral Sciences

| Item #  | Title              | Credits |
|---------|--------------------|---------|
| PSY 200 | General Psychology | 3       |

## Area V: Career and Technical Courses

| Item #                | Title  | Credits              |
|-----------------------|--|----------------------|
| EMS 100               | Cardiopulmonary Resuscitation I                      | 1                    |
| MHT 100               | Introduction to Inpatient and Residential Operations | 4                    |
| MHT 101               | Fundamentals of Mental Health Technician             | 6                    |
| MHT 110               | Introduction into Abnormal Psychology                | 3                    |
| MHT 120               | Addiction and Forensic Psychology                    | 4                    |
| MHT 130               | Management of Behavioral Crisis                      | 4                    |
| MHT 140               | Psychiatric Pharmacology                             | 4                    |
| <b>Total credits:</b> |  | <b>Total Credits</b> |
|                       |  | <b>29</b>            |

## Course Sequencing

### Mental Health Technician Short Certificate Suggested Course Sequence—FIRST SEMESTER

| Item #  | Title  | Credits |
|---------|--|---------|
| EMS 100 | Cardiopulmonary Resuscitation I                      | 1       |
| MHT 100 | Introduction to Inpatient and Residential Operations | 4       |
| MHT 101 | Fundamentals of Mental Health Technician             | 6       |
| PSY 200 | General Psychology                                   | 3       |

# Mental Health Technician Short Certificate Suggested Course Sequence –SECOND SEMESTER

| <b>Item #</b> | <b>Title</b>                          | <b>Credits</b> |
|---------------|---------------------------------------|----------------|
| MHT 110       | Introduction into Abnormal Psychology | 3              |
| MHT 120       | Addiction and Forensic Psychology     | 4              |
| MHT 130       | Management of Behavioral Crisis       | 4              |
| MHT 140       | Psychiatric Pharmacology              | 4              |